

Morning Program Schedule

8:30am: Arrival

8:45 - 9:30am: Breakfast / Gym /
Assessments / Socializing

9:30 - 10:05am: Assessments / Gym /
Walk /Socializing

10:05 - 10:30am: Group Exercises

10:30 - 11:30am: Daily Activity

11:30am - 12:15pm: Lunch

12:30pm: Departure

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Rhythms of Our Time 	2 Maria Stolyar 
5 Simhat Torah 	6 Sing together 	7 Park & Computer Class 	8 "Doverie" Club 	9 Bingo 
12 Music by Rafik 	13 Music by Rafik 	14 Lena V. Presentation & Computer Class 	15 Sing Along with Rafael 	16 Dance Through the Decades 
19 "Hear me out" By Sveta R. 	20 Melody and Memories 	21 Park & Computer Class 	22 Favorite Jewish music 	23 "Good vibes Fall" Poetry 
26 Larissa Y. lecture 	27 Songs of our time 	28 Bingo & Computer Class 	29 Clients Birthdays 	30 Clients Birthdays 

Afternoon Program Schedule

1:30pm:	Arrival
2:00 - 2:45pm:	Snack / Gym / Assessments / Socializing
2:45 - 3:15pm:	Group Exercises
3:15 - 4:15pm:	Daily Activity
4:15 - 5:00pm:	Dinner
5:00 - 5:30pm:	Socializing
5:30pm:	Departure

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Rhythms of Our Time 	2 Bingo & Shabbat 
5 Simhat Torah 	6 Sing together & Computer Class 	7 Park 	8 Larissa Y. lecture 	9 Bingo & Shabbat 
12 Music by Rafik 	13 Dance music & Computer Class 	14 Park 	15 Sing Along with Rafael 	16 Music & Shabbat 
19 Bingo 	20 Favorite music & Computer Class 	21 Park 	22 Favorite Jewish music 	23 Trivia & Shabbat 
26 Art by Dima 	27 Dance music & Computer Class 	28 Bingo 	29 Clients Birthdays 	30 Clients Birthdays 