

DAILY ACTIVITY - MORNING PROGRAM

Morning Program Schedule

8:30am: Arrival

8:45 - 9:30am: Breakfast / Gym / Assessments / Socializing

9:30 - 10:05am: Assessments / Gym / Walk /Socializing

10:05 - 10:30am: Group Exercises

10:30 - 11:30am: Daily Activity

11:30am - 12:15pm: Lunch

12:30pm: Departure

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Mila Schekhter</p> 	<p>2 Favorite music</p> 	<p>3 Park & Computer Class</p> 	<p>4 Songs of our time</p> 	<p>5 Park / Video</p> 
<p>8 Bella Concert</p> 	<p>9 Favorite music</p> 	<p>10 Poetry club "Doverie"</p> 	<p>11 Story of my life - Stalina</p> 	<p>12 Music Fun Hour</p> 
<p>15 Favorite music</p> 	<p>16 lecture by Maria Stolyar</p> 	<p>17 lecture by Dietitian Kaylee</p> 	<p>18 Juneteenth lecture by Andrey</p> 	<p>19 Closed for Juneteenth</p> 
<p>22 lecture by Larissa</p> 	<p>23 Favorite music</p> 	<p>24 Jazz band 2+2</p> 	<p>25 Ukrainian songs By Vlad and Yaroslav</p> 	<p>26 Favorite Jewish music</p> <p>DANCE</p>
<p>29 L'Chaim Birthday!</p> 	<p>30 Clients Birthdays</p> 			

DAILY ACTIVITY - AFTERNOON PROGRAM

Afternoon Program Schedule

- 1:30pm: Arrival
- 2:00 - 2:45pm: Snack / Gym / Assessments / Socializing
- 2:45 - 3:15pm: Group Exercises
- 3:15 - 4:15pm: Daily Activity
- 4:15 - 5:00pm: Dinner
- 5:00 - 5:30pm: Socializing
- 5:30pm: Departure

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Mila Schekhter</p> 	<p>2 Favorite music & Computer Class</p> 	<p>3 Park</p> 	<p>4 Bella Concert</p> 	<p>5 Park / Video</p> 
<p>8 Favorite Jewish music</p> 	<p>9 Favorite music & Computer Class</p> 	<p>10 Bingo</p> 	<p>11 Faina - funny scetches</p> 	<p>12 Music Fun Hour</p> 
<p>15 Favorite music</p> 	<p>16 Trivia</p> 	<p>17 lecture by Dietitian Kaylee</p> 	<p>18 Juneteenth lecture by Andrey</p> 	<p>19 Closed for Juneteenth</p> 
<p>22 Poetry with Sveta R</p> 	<p>23 Favorite music</p> 	<p>24 Jazz band 2+2</p> 	<p>25 Ukranian songs By Vlad and Yaroslav</p> 	<p>26 Favorite Jewish music</p> <p>DANCE</p>
<p>29 L'Chaim Birthday!</p> 	<p>30 Clients Birthdays</p> 			